



ChangeMakers
Resettlement Forum

Office Opening Hours:

9.00am – 5.00pm

Monday, Wednesday &
Friday

Office Contact Details:

Phone 04 801 6839

Email info@crf.org.nz

Address: Level 4

38 Webb Street

Mt Cook

Wellington

Website:

ChangeMakers
Resettlement Forum

Facebook:

Changemakersrefugeeforum

Whatsapp:

CRF Community
Noticeboard

Monthly Newsletter

November/December 2022

Update from Jacqs

Kia Ora everyone

As we fly towards the end of the year, this will be our last newsletter until the end of January. In the meantime, please keep an eye out for posts on Facebook and the Whatsapp groups. *Our shut down period will be from 4pm on 22nd December and we will be back on 5th January 2023.*

Food delivery to those self isolating will continue, with Demeysa, Judah and myself rostered to do the deliveries on days that are not Christmas, Boxing Day or New Years Day.

Excitingly we have had the opportunity to congratulate two of our team on the completion of their Social Work degrees over the past month. Hafsar Tameesuddin and Demeysa Ahmed both have roles at ChangeMakers that incorporate Social Work. Having people from refugee background communities in those roles ensures that people with experience of being of a refugee background are working alongside those that need social work support. We really look forward to celebrating with both following their graduations. Congratulations.

Things continue to remain busy, with lots of community development activities and work, plenty of advocacy and plans for some research next year. We are in the process of expanding our driving programmes out to Masterton, with their being a need greater than what the Wairarapa's current driving programmes can handle, with several new arrivals of refugee background being ready to start on their licenses.

As holiday season approaches, this is a good time to remind people that COVID is still in the community, and increasing, so to sanitise, wear masks in enclosed spaces, and stay at home if you are not well. With New Zealand's strong sun, please remember sunhats, sunblock, and long sleeved shirts and keep hydrated. If you like the water, please be safe...don't go into water if you cannot swim and wear life jackets if you are out on the water in boats.

Wishing everyone a very safe and happy holiday and summer season, and if you celebrate Christmas either on December 25th or January 7th, we wish you a joyful Christmas. And here's wishing you all a fabulous 2023 as well

Jacqs 😊



New Zealanders of refugee background participating fully in life in Aotearoa New Zealand

Nothing About Us Without Us

A human Rights Approach

Focus On Strengths Not Weaknesses

A Shared Voice is A Strong Voice

From the Board

The latest monthly board meeting was held on 6th December 2022.

The board reviewed finances and work completed over October and November in relation to the 2022 Strategy.

Board meeting dates have been scheduled for 2023, with the decision to have these bi-monthly to allow the board to meeting on alternative months to work on urgent issues/needs.

Leaders council hui dates have been confirmed, with the first being scheduled for mid February. Details will be provided once the space is confirmed.

Just a reminder that there continues to be a feedback box at the entry to the office, which will be cleared monthly.

Christmas Closure

As mentioned above, our office will be closed over the holiday period. We will shut at end of day on Thursday 22nd December and reopen again at the start of the day on Wednesday 4th January 2023.

What's been happening

The CRF End Of Year Celebration for communities...a BBQ/Picnic at Avalon Park, Taita ...occurred on 26th November from 10am to 2pm. What a fabulous day; with a great turnout, plenty of free activities and food for community members and our partners. To give you an idea of turnout, we had 150 children take rides on the train at no charge. Plenty of support was provided from Hutt City Council, Stats NZ Census, Porirua Multicultural Council, Lions Club, Smalls Photography, and Mana Buses as well as plenty of community members who jumped in to help cook and also helped rescue fly away gazebos. We learnt a lot from this event and are looking forward to next year being even better.



What's been happening cont...

Driving Programmes

Both driving programmes continue to see people obtaining their licences.

We have several people currently going through the Open Road screening process to determine if they are ready to participate in the programme.

Turning The Curve has recently trained a very enthusiastic bunch of new volunteers, and they are coming on board to help our learning 'drivers' with their driving development.

A couple of weeks ago, we held an End of Year Celebration for our driving programmes. As a group we celebrated all our learners in 2022 - those who have passed and those who are still learning. We also had a chance to publicly thank our amazing volunteers and instructors. A fun night was had by all with lots of delicious food.! We know not everyone could come along - for those who couldn't make it we do also celebrate your learning over the last year and the mahi of all our fabulous volunteers.



More what's been happening:

Youth End of Year

We had a fantastic day with our youth who came together from different communities to have a great time.

On Sunday 4th, December 22, Kodrean organized a Paintball activity in Lower Hutt that brought 30 youths together who were age range between 13-30.

The youth had a wonderful time and getting muddy is normal in this activity. With lots of laughter and fun; this makes a good end to the year's activities till we are back in January. If you are interested in joining our youth network and hearing more about upcoming activities, email or text Kodrean to be added. Kodrean.Eashae@crf.org.nz or 022 612 3240



Women's Volleyball in Hutt Valley

This hasn't happened yet, but is coming up soon. We are delighted that with the help of UP Foundation, we have been able to obtain a venue to run women's volleyball out in the Hutt Valley.

This is something we have been working on for a couple of months, but venues have provided a challenge. So we are very grateful to UP Foundation for their support in both finding a venue and covering hire costs going forward.

If you are a female from the Hutt Valley, and are interested in playing volleyball, please contact Rahela at Rahela.khalili@crf.org.nz or on 022684 3256

Small Business/ Self Employment Info

Last week, we had Thi Phan from MSD's Etu Whānau (Refugee & Migrant) facilitated a self-employed business information session for refugee background small business owners and start-ups, on our behalf.

The session included the following areas:

- Step-by-step guide to start up a business
- How to access business mentors through Business Mentors New Zealand, and how business mentors can help grow the business
- How to access MSD services for self-employment which include:
 1. Help with developing a business plan,
 2. Training in business skills and financial management
 3. Advice on project reports and business records
 4. Essential start-up costs
 5. How to apply for the subsidy to help with living costs while getting started
- New Zealand business laws and compliance regulations
- Consumer protection laws
- How to access taxation support through IRD's Smart Business website.

At the end of the information session Etu Whānau agreed to hold similar focused information sessions for self-employed former refugees and migrants (or those who are interested self-employment) to support them to build sustainable businesses.

If you are interested in training and information around self employment / small business please contact Judah Seomeng on

Judah.seomeng@crf.org.nz or 022 065 7831

Bettys' Increased Role

- Personal Assistant to GM

Its time to reintroduce Bethelhem Yoseph, who is an Office Coordinator part-time, and is now also a PA to Jacqs part-time.

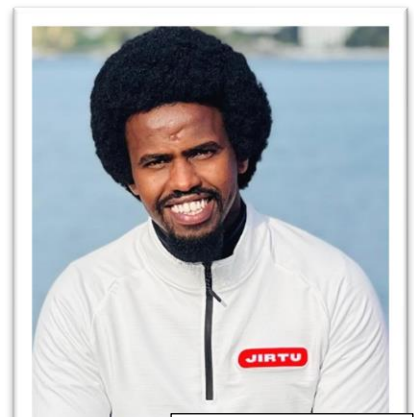


Two Social Work Staff Onboard

Reintroducing Hafsar and Demeysa, as we congratulate them on achieving their social work qualifications...extremely beneficial in their roles.



Hafsar Tameesuddin



Demeysa Ahmed



Ōtaki Summer Camp is for young people who care about political issues and ideas. It is a chance to hear and discuss interesting ideas, meet and get to know others, and explore local mountains, forests and rivers with experienced guides.

The summer camp is geared towards those who are aged between 17 and 35 years old. If you are older, or younger you will need to provide some supporting information when you register, unless you've attended a previous camp, then you're welcome again at this one, irrespective of whether you are now over 30.

The summer camp will be held in Ōtaki in January 20th- 23rd - Ōtaki is an hour drive from Wellington. There are multiple options to get to the camp so don't let transport be a barrier. While in the camp you can opt to stay in a marquee with other campers or bring your own tent along and stay in the camping side- there will be 100+ campers in the side. In the three days of the camp, food will be provided, and the dietary is mainly plant based- sorry meat lovers!

The camp has a cost of \$130 per person. However, CRF and other organisers will sponsor community members going to the camp. CRF will request campers a \$30 refundable deposit to secure your attendance to the camp. Upon return, CRF will refund campers the \$30 dollars.

In early January 2023, we will be held a session with the summer camp organizers to answer questions you may have related to the camp. If the camp sounds like something you want to do, please contact Luis Perez and he will give you more details about the camp.

Luis Perez: 022-505-7741 Luis.Perez@crf.org.nz



Wellington Zoo

We continue to have tickets to Wellington Zoo...so please get in touch with Luis (022 505 7741) if you and your friends would like to go as a group. Please note Luis will be on leave from 23rd December to 7th January, so if you want tickets for dates in that time, please get in touch soon.



Youth Football For lads aged 13 to 25

ChangeMakers
Resettlement Forum

Incorporation
with

NEW ZEALAND
POLICE
Ngā Pirihimana o Aotearoa

Football connect

Location Wellington
2 Kemp Street, KILBIRNIE 6022

Limited Space

Get in touch:
Email: Demeyssa.Ahmed@crf.org.nz
Mob: 0220288594

Community Futsal / Football

has started again for children aged 5 years to 12 years. Please contact Hafsar on 020 4113 0531 for further information.

UP

ChangeMakers
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Community Futsal/Football
For 5-12 year old [girls and boys]

FREE SESSIONS FROM STARTING FROM 29TH OCTOBER
On Saturday from 2 to 4 pm
At: Indian Sports Centre, 48 Kemp St, Kilbirnie

CONTACT HAFSAR
WhatsApp/Phone: 0204 113 0531
Email: Hafsar.Tameesuddin@crf.org.nz

Kids Cricket

If your kids are keen to play cricket, Cricket Wellington can help.

DOES YOUR CHILD WANT TO PLAY CRICKET?

SCHOOL YEARS 2-8
BOYS OR GIRLS (FROM REFUGEE BACKGROUNDS)
WELLINGTON, PORIRUA AND HUTT VALLEY

CRICKET WELLINGTON CAN HELP YOU:

PAY FOR YOUR FEES
CONNECT YOU WITH A CRICKET TEAM
PROVIDE YOU WITH SECOND HAND GEAR

LIMITED SPACES

CONTACT HAFSAR AT 020 4113 0531
VIA PHONE / TEXT / WHATSAPP / VIBER

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Cricket Tickets – Free

Wellington Cricket have given us 50 tickets for each of the home games over the summer. Please get in touch if you would like to get some.



A colorful poster for cricket tickets. It features a large white circle in the center with the text "50 Tickets FOR YOU FREE!". To the left, it says "ChangeMakers Resettlement Forum Incooperation with CRICKET WELLINGTON INC." and "There are tickets available for January 4th, 7th, 23rd and February 5th. 50 tickets for each game." To the right, it says "Interested Contact: Demeysa Ahmed 0220288594 demeysa.ahmed@crf.org.nz" and "Cello Basin Reserve". At the bottom, it says "Wellington VS Otago Saturday 24th Dec". The background is blue with a cricket ball and a batsman.

CRF Womens Group

In the new year a group of women will come together to plan a few women's activities for the year, as requested by women from the communities we work with.

Activities will include regular catch ups as well as occasional trips to connect with each other.

We are looking to have the initial meeting on 14th January, where we will form a planning committee and start looking at ideas on how often to meet and what to do at meetings and on trips.

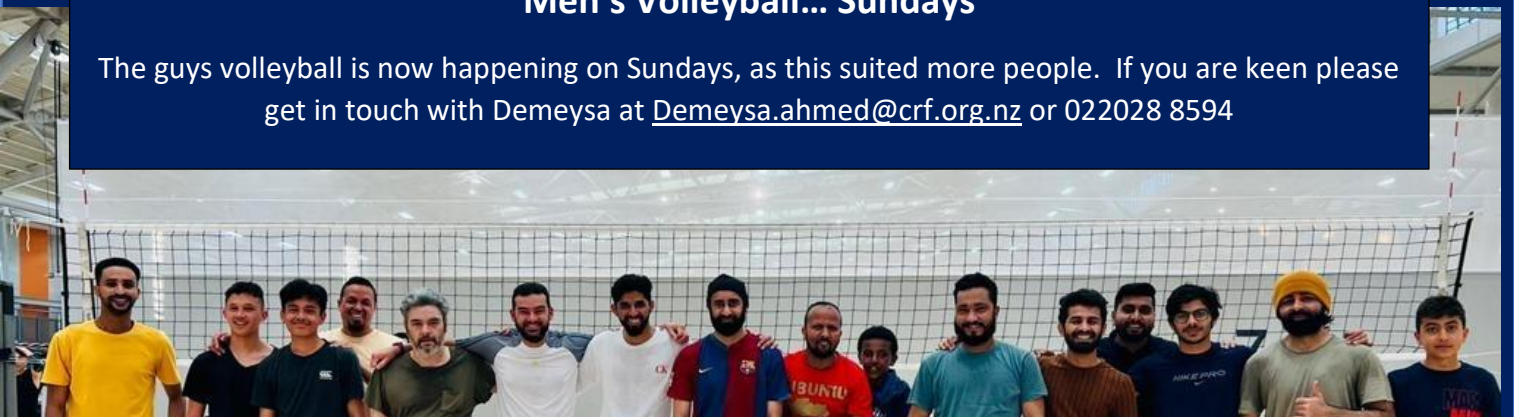


A pink poster for the CRF Womens' Group. It features the text "New in 2023 CRF Womens' Group" at the top. Below is an illustration of five diverse women. The text says: "Several refugee background women have asked us to support getting a womens group up and running. This will be a group for women to get together regularly and also have occasional trips together. If you are keen on being part of this, please contact Jacqs on 022 457 6839. First planning meeting: 14 January 11.30am".

Women of refugee background from Wellington, Hutt and Porirua, who are interested in participating in having input to the group are asked to come along to the initial meeting. Lunch will be provided.

Men's Volleyball... Sundays

The guys volleyball is now happening on Sundays, as this suited more people. If you are keen please get in touch with Demeysa at Demeysa.ahmed@crf.org.nz or 022028 8594



Thank you to our funders, supporters, and volunteers

It is with the support of the following organisations, as well as a lot of individuals that donate or volunteer with us, that we are able to work towards our missions of “New Zealanders from refugee backgrounds participating fully in Aotearoa new Zealand life” . We also send out a special thanks to UP Foundation, Red Cross, Catholic Social Service, Sisters of Compassion, Reach Out Counselling and CCDHB for the immense amount of support they are providing to our communities and our work



WELLINGTON

